

Dear friend,

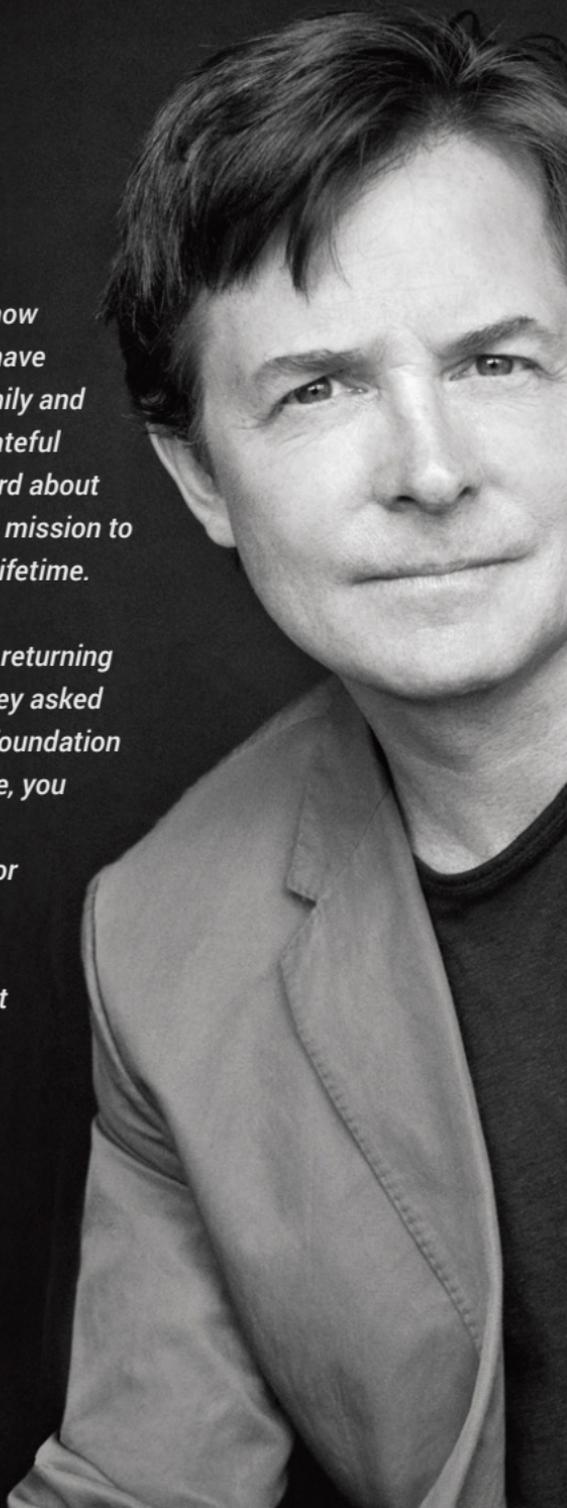
Thanks for throwing a premiere party. We've loved putting our show together, and now we hope you have a blast watching it with your family and friends. Of course, we're also grateful to you for helping spread the word about The Michael J. Fox Foundation's mission to cure Parkinson's disease in our lifetime.

It's funny... people ask me about returning to NBC this fall the same way they asked me about launching a research foundation 13 years ago. But if you know me, you know I believe we all have to live today and reach for our goals. For myself, whether it's meant being the founder of MJFF or an actor with Parkinson's, I guess I've just always thought: Why can't I?

Whatever big dream is driving you, remember – we only can't if we don't.



Michael J. Fox



About think/able

Michael J. Fox is living with Parkinson's, but he's not letting it hold him back from doing the things he loves. His return to television is an important reminder that when you focus on what's possible and think/able, you can achieve greatness. For us at The Michael J. Fox Foundation, that means finding a cure for Parkinson's disease in our lifetime. Together, we're doing whatever it takes. Join us.

Show your support and connect with the thousands who think/able. Join the conversation!

- ➔ Inspired by Michael's return? Share how you #ThinkAble on Facebook, Twitter, and Instagram.
- ➔ Post photos of your party prep and guests celebrating
- ➔ Follow us for updates during the show:
f MichaelJFoxFoundation 🐦 + 📷 @MichaelJFoxOrg
- ➔ Share your think/able creations from the magnet set you received

Don't forget to tag all your posts with #ThinkAble

think/able

www.michaeljfox.org/ThinkAble

Tips for a great premiere party

Thank you for hosting a premiere party for The Michael J. Fox Show on September 26th and welcoming Michael back to TV with us! Here are some useful tips for making your party a success.

Before your party



Set a location and start time



Invite your guests using our custom invitations

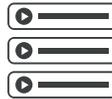


Create a plan for the evening's activities



Whip up party snacks with recipes selected by Michael's wife Tracy

During your party



Set the mood with an exclusive playlist created by Michael's son Sam



Share Michael's message with your guests

#ThinkAble

Encourage guests to share how they #ThinkAble to achieve their goals



Test your Michael knowledge with our trivia game & watch for key moments while playing our Bingo game

After your party



Thank your guests for coming



Encourage your guests to get involved at michaeljfox.org/ThinkAble



Share your party photos online using the hashtag #ThinkAble

PLUS



Turn your party into a fundraiser for Parkinson's



Create an online fundraising page with Team Fox



Set a suggested donation for party guests



Gather items for a raffle or auction

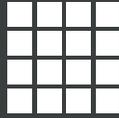


Order Team Fox and think/able swag at our online Fox Shop



Ask local businesses to support your event

think/able



The Michael J. Fox Show Bingo Game

The premiere for *The Michael J. Fox Show* is filled with some great moments. (Did you expect anything less?)

Play this game with your party guests while you watch!

How to play

Before the show starts, each player or team gets one board (up to ten are included).

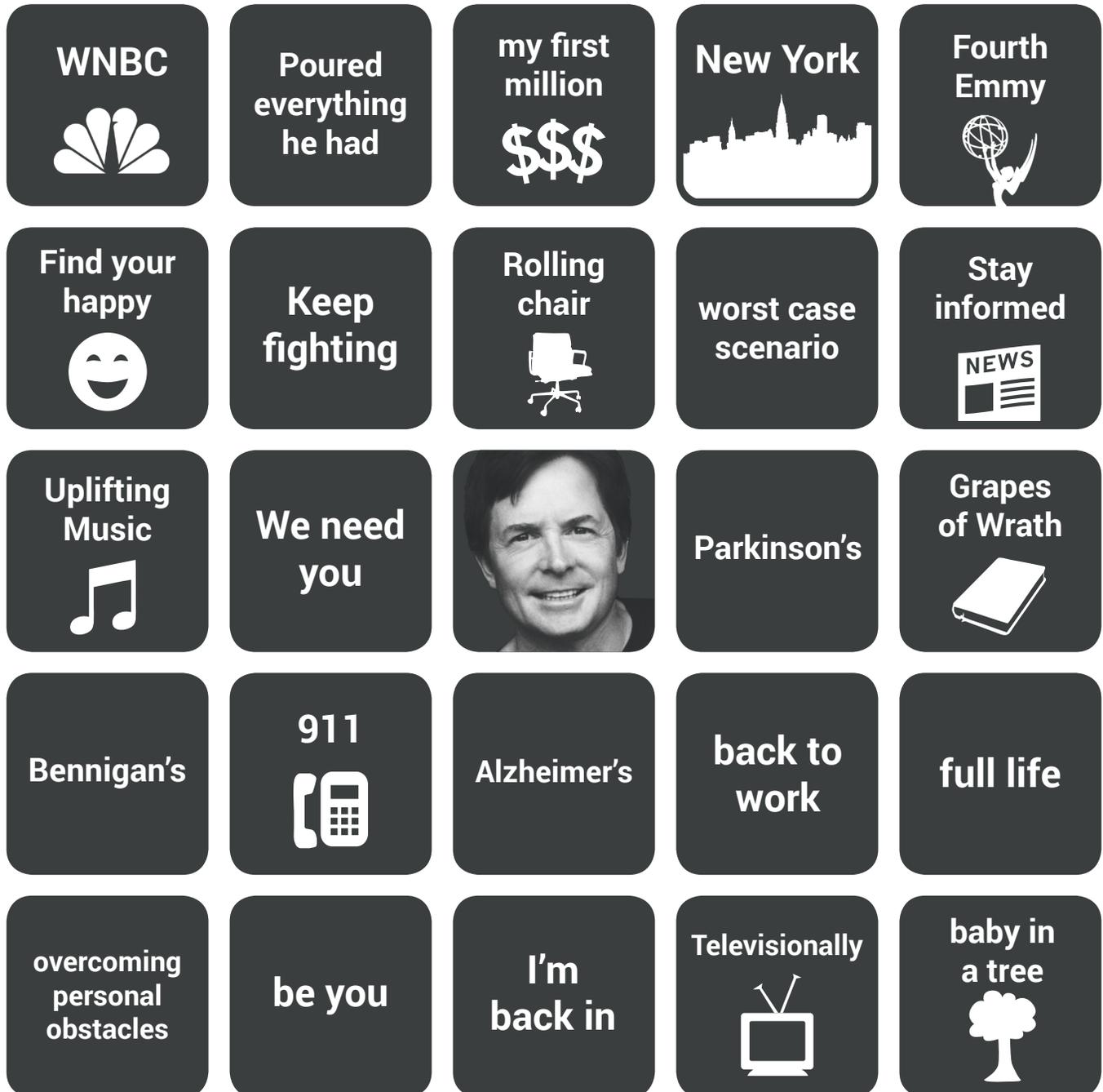
While you watch the premiere, mark the corresponding square on your board when you hear that word or phrase during the episode.

When you get five blocks horizontally, vertically, or diagonally, stand up and shout “think/able!”

What you need

- a printer to print the game cards for your players
- loose change, poker chips, small candies, or something else for your players to mark off their boards (pens and pencils will also work)
- a prize for the winner!

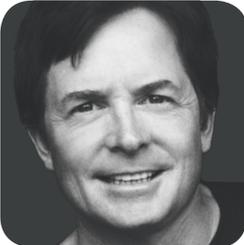
The Michael J. Fox Show Bingo Game



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Share your favorite moment from the premiere with Michael's fans at premiere parties across America! #ThinkAble

The Michael J. Fox Show Bingo Game

perfectly still	Matt Lauer	He's a fighter	pinnacle 	welcome back
broken dishwasher 	NYPD 	Hero Daddy 	Kale 	It's a hat! 
Love you, Bro! 	Rocky! 		Personal Victory 	Wake up! 

How much do you know about Michael J. Fox?

Fans across the country are gathering to watch Michael's return to television -- his latest in a long history of exciting work.

How much do you and your guests know about Michael J. Fox? Play this trivia game at your party to find out!



How to play

Players in this game can be teams or individuals, depending on the size of your party.

Appoint one person at your party to be Trivia Master. The Trivia Master will read the first question. Players have 15 seconds to write down their answer to the question. (The Trivia Master or another player should keep time, and can make this time longer or shorter depending on your group.) After time is up for the first question, the Trivia Master should read the next question, giving players 15 seconds to answer. Repeat for the entire set of questions, and then share answers out loud. Players get one point for each correct answer; the player with the most points at the end of the game wins.

Note: No internet searches or phone-a-friends allowed, unless sanctioned by the Trivia Master!

You'll need

- a time-keeping device like a cell phone or stopwatch
- a sheet of paper and pen or pencil for each player
- a prize for the winner!

1 *What is Michael's middle name?*

A: Andrew

2 *Where was Michael born?*

A: Edmonton, Alberta, Canada (1 point for Canada, two points for Alberta, Canada, 3 points for Edmonton, Alberta, Canada)

3 *What sport did Michael dream of playing professionally when he was young?*

A: Hockey

4 *Why did Michael start including the "J." in his name when introducing himself?*

A: As there was already a "Michael Fox" in SAG, he had the "J" as a tribute to character actor Michael J. Pollard

5 *How old was Michael when he moved to America?*

A: 18

6 *How many kids does Michael have?*

A: Four



Premiere Party Snacks

...From the Fox / Pollan kitchen

In search of fantastic fare to serve your guests while you watch the premiere of “The Michael J. Fox Show”? How about a few favorite fall recipes straight from Michael’s family kitchen?

Michael’s wife, Tracy Pollan, comes from a family of renowned foodies. Her mom, Corky, was the longtime style director of *Gourmet* magazine, and her brother, Michael, is the author of *The Omnivore’s Dilemma* and other popular books about eating well. Now Tracy and her sisters, together with Corky, are at work on *Pollan Family Table*, a cookbook compiling favorite Pollan family recipes. It won’t be out till next year, but Tracy wanted premiere party hosts to have these two recipes that are perfect for entertaining. She’s assured us these are easy to pull off, even for those who don’t cook much... Just think/able and you’ll be serving up a delicious spread in no time.

When the snacks are a hit, don’t forget to share photos of your guests enjoying them on Facebook, Twitter, or Instagram using #ThinkAble.

think/able



Healthy Green Goddess Dip with Crudités

<i>2 pounds assorted vegetables</i>	<i>1 teaspoon chopped fresh chives</i>
<i>1/2 of a ripe avocado</i>	<i>1 teaspoon chopped fresh dill</i>
<i>1/2 cup plain Greek yogurt</i>	<i>1 teaspoon chopped fresh tarragon</i>
<i>1/4 cup mayonnaise</i>	<i>1 teaspoon capers, drained</i>
<i>1 tablespoon white wine vinegar</i>	<i>1 teaspoon Dijon mustard</i>
<i>2 teaspoons lemon juice</i>	<i>1/8 teaspoon sea salt</i>
<i>1 teaspoon chopped shallot</i>	<i>Freshly ground black pepper,</i>
<i>1 clove garlic, minced</i>	<i>to taste</i>



Arrange the cut vegetables on a platter.

Combine the remaining ingredients in the bowl of a food processor or a blender. Blend on high until completely smooth. Transfer to a small bowl and serve with the vegetable platter.





Pesto and Parmesan Stuffed Mushrooms

1 cup pesto

1/2 cup grated Parmesan cheese

2 tablespoons plain breadcrumbs

24 pine nuts

24 medium-size button or cremini

mushrooms, cleaned with a

damp cloth and stems removed

Olive oil spray



Preheat oven to 375 F. Combine the pesto, Parmesan cheese, and breadcrumbs in a small bowl. Using a spoon stuff the mushrooms with the mixture, being careful not to overstuff, and arrange a pine nut in the center of each mushroom.

Lightly spray a rimmed baking sheet with olive oil and place the mushrooms on it. Bake on the middle rack of the prepared oven for 8 to 10 minutes, until lightly browned. Remove from the oven, let cool for 5 minutes, and serve.

